

Port Melbourne Life Saving Club's Monthly Newsletter

THE PORT POST



IT'S ALMOST TIME FOR TAKEOFF!

The 2020 Youth Innovation Challenge voting has almost come to a close and Operation Nippers is ready for takeoff!

Port Melbourne's team of Charlotte, Siena, Zoe and Imogen have been working so hard on this youth wellbeing program, aimed to connect, inspire and empower the nippers. This workshop style program will run in four blocks, starting at the end of the nipper's final season and running throughout their first season as SRCS. Although this is a program that only runs for a few months per year, the nippers will build leadership skills that will last them a lifetime.

These upcoming lifesavers are the future of our service of which we know and love. This makes it all the more important to provide them with the lifesaving connections and interpersonal skills needed, to succeed in this service.

Because Operation Nippers is ready to change the nipper's tops from PINK to RED and YELLOW with confidence!

If you want to get behind this GAME CHANGING MOVEMENT in lifesaving, vote Team Port Melbourne for the 2020 Youth Innovation Challenge winners! BE QUICK - VOTING CLOSSES SUNDAY THE 30TH OF AUGUST!





ANNUAL GENERAL MEETING

On Friday the 14th of August we had our Annual General Meeting, electing new positions for the club's board. We also recognised those valued volunteers who were awarded for their life membership and also those topped in patrol hours during the 2019-2020 season. In the end, this was a great way to appreciate the beach our PMLSC community has come together to protect since 1913.

Leading Female Patrol Members		Leading Male Patrol Members	
Name	Hours	Name	Hours
1. Tea-Rose Passon (ID: 5509981)	202.5	1. Brett Armstrong (ID: 4132668)	213.8
2. Belinda Gill (ID: 3755877)	162.5	2. Stephen Brooks (ID: 5533192)	204.3
3. Charlotte Bree (ID: 4618277)	119.8	3. Peter Bellion (ID: 4616565)	203.8
4. Sophia Brooks (ID: 5443699)	117.0	4. Paul Mapley (ID: 4429263)	164.5
5. Phoebe Browne (ID: 4445627)	103.0	5. Darrel Gill (ID: 3737210)	161.5
6. Hannah Webb (ID: 5826815)	88.3	6. Colin Dale (ID: 4513573)	149.0
7. Olivia Webb (ID: 5826806)	74.0	7. Josiah England (ID: 5609969)	111.0
8. Sabina Koch (ID: 4751015)	55.5	8. Michael Malliaros (ID: 4735557)	102.7
9. Vicky Hadzimiditriou (ID: 4445632)	47.0	9. Greg Dale (ID: 4513578)	61.0
10. Imogen Brodej (ID: 4759326)	46.0	10. George Velgakis (ID: 4564368)	59.3

Lifesaving Statistics	2019/20	2018/19	% Change
Beach Attendances	17,159	33,517	-48.8%
Preventive Actions	2099	1602	31%
Minor First Aids	60	86	-30.2%
Major First Aids	1	14	-92.9%
Rescues	5	3	66.7%
Patrol Defaults	1	3	-66.7%
Patrol Hours (members)	4,607.76	4,003.65	15.1%

Average Hours Per Member	
	This statistic is to help you define the spread of patrol and water safety hours amongst your active membership (with hours) and to identify any concerns.
32.68 hours/member (2019/20)	
31.28 hours/member (2018/19)	

Life members

Warren Clarke

Date Joined – 2008
Years Active Service – 12
Vice President – 2013, 2014
Patrol Leadership Roles – Patrol Captain, Sister Club Rep, R&R Instructor, Bronze Trainer and Assessor

Paul Larcher

Date Joined - 2008
Years Active Service - 10
Treasurer – 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019
Patrol Leadership Roles – Lead Age Manager

Ben Levin

Date Joined - 2009
Years Active Service - 11
Vice President – 2010
Club Captain – 2010, 2011
Patrol Leadership Roles – Patrol Captain

Jon Levin

Date Joined - 2009
Years Active Service - 11
Vice President – 2008, 2009 (acting President 2009)
Club Captain – 2009
Senior Coach – 2009, 2010, 2011
Patrol Leadership Roles – Patrol Captain

Tim Norman

Date Joined – 2008
Years Active Service – 12
President – 2009, 2010, 2011, 2012, 2013, 2014
Vice President - 2015
Club Captain – 2012, 2013, 2014, 2015
Patrol Leadership Roles – Patrol Captain

CONGRATULATIONS

Keep up to date with us on social media!

- @portmelbournesc
- Port Melbourne Life Saving Club
- <http://www.portmelblsc.com.au>

Download and connect with PMLSC on SportsBag for more information and updates

TRIVIA QUESTION

What is the most played, nippers aerobics song?

- a. **Bills** by LunchMoney Lewis
- b. **Kung Fu Fighting** by Carl Douglas
- c. **Cheerleader** by OMI and Felix Jaehn

Answer on our Instagram story on Sunday the 6th of September - STAY TUNED!

MEMBER PROFILE: BELINDA GILL

NIPPERS COORDINATOR/VOLUNTEER

Get to know a new member each month by reading member profiles! This month Belinda Gill, our Nipper's Coordinator, shares her experience in Lifesaving! Belinda has made a huge impact on every nipper's life, so here's what she has to say...

How long have you been at PMLSC?

Darrel and I joined the Middle Park LSC back in 1989 and the club merger between Middle Park & Port Melbourne took place in 2002. So in total, I have been a member of a lifesaving club 32 years.

Why do you volunteer?

Why not volunteer! I love the beach and the summertime, so this was the best option. Why sit at home, when you can be involved in a great organisation. I'm passing on my knowledge to others and building on my skills as well. Everyone should learning something new each day, or perfect the knowledge that they have.

Can you give a brief outline of you achievements throughout your time volunteering.

I have had a few achievements...

In 2004, I was the inaugural winner of the 'Youth Parent of the Year' for Lifesaving Victoria for running the Nippers Program. In 2009, I was a finalist in the 'Community Participation' awards for Victoria. I've qualified as a Trainer and Assessor for Lifesaving Victoria, which means I can train and assess the members through their awards at the club. Processing & training Age Managers to assist with the running of Nippers Program and doing it successfully. Having full knowledge that the club is behind me all the way. Running the Nipper Program for over 22 years, with each year, the program getting bigger and better, through the initiative that the club introduces. I am so looking forward to the next initiative (Operation Nippers) that is going to be rolled out this season.

How has Life Saving helped you grow as a person?

I just love being involved in Lifesaving. I hope that I have helped Lifesaving grow by being in the organisation and doing what I do. I've watch kids come through the program from a 5 year old nipper, and now they are adults and are still at the club. Knowing that some of my skills that I passed onto them has helped them grow as adults. Belonging to an organisation, no matter what it is, builds people, makes them grow. You learn from each other, you have disagreements, this is a part of life and everyone, at times, will go through times where they need to have a disagreement with someone, or be taught a new skill that you don't have. We all learn from each other.

What does PMLSC mean to you?

Happiness – our club is a very warm and welcoming club and I hope I have had something to do with it. From the first interaction with the parents, I hope they get/got the feeling that I like to portray. PMLSC is a second family to me. I know that on a Sunday morning, I'm going to have the Nippers doing aerobics with me on the beautiful warm Sunday morning (well it does happen sometimes – the warm weather I mean). When I get to organise activities e.g. the Fire Brigade to come and visit the club, the look on the kids faces, the enjoyment they get/got from it. From the first session of the season to the last session of the season, I can see how much the nippers have improved, the knowledge and skills obtained and the lovely smiles on their faces. That why I do what I do and that's what PMLSC means to me.



WHY I VOLUNTEER



Life saving is one of the most rewarding volunteer services out there, and this is why we at Port Melbourne Life Saving Club, love what we do...

"I absolutely love being an SRC as I get to make great connections with all the members at the club! I also love being involved in the club and having the opportunity to voice my ideas too!" - Siena Mapely

"I love being a volunteer because it's a great learning experience and an amazing environment to be in." - Michael Malliaros

"Volunteering has given me not only a hobby but a passion and love for helping the community. The opportunities that life saving has given me makes wearing my uniform an honour. PMLSC has also given me the chance to be a part of the wider LSV community and the connections I have made will last a lifetime. I plan to continue to grow in this service until the day I physically can't." - Charlotte Bree

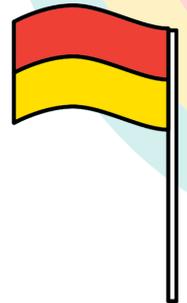
"I have felt honoured to represent the junior members of our club by working with the amazing people our club has. It has given me the opportunity to voice suggestions and make lifesaving even better than it already is. I can't wait to be back at the beach next summer, keeping everyone safe and having a good time!" - James Gibbs

"I love being a Bronze Medallion lifesaver as I am able to give back to my community whilst also being able to spend some time at the beach and make strong connections with new people at my club!" - Zoe Dale

"For me, being actively involved in the community is such a rewarding role to be in. I love the club and enjoy forming relationships with like minded people that share the same passion I do." - Benn Fischer

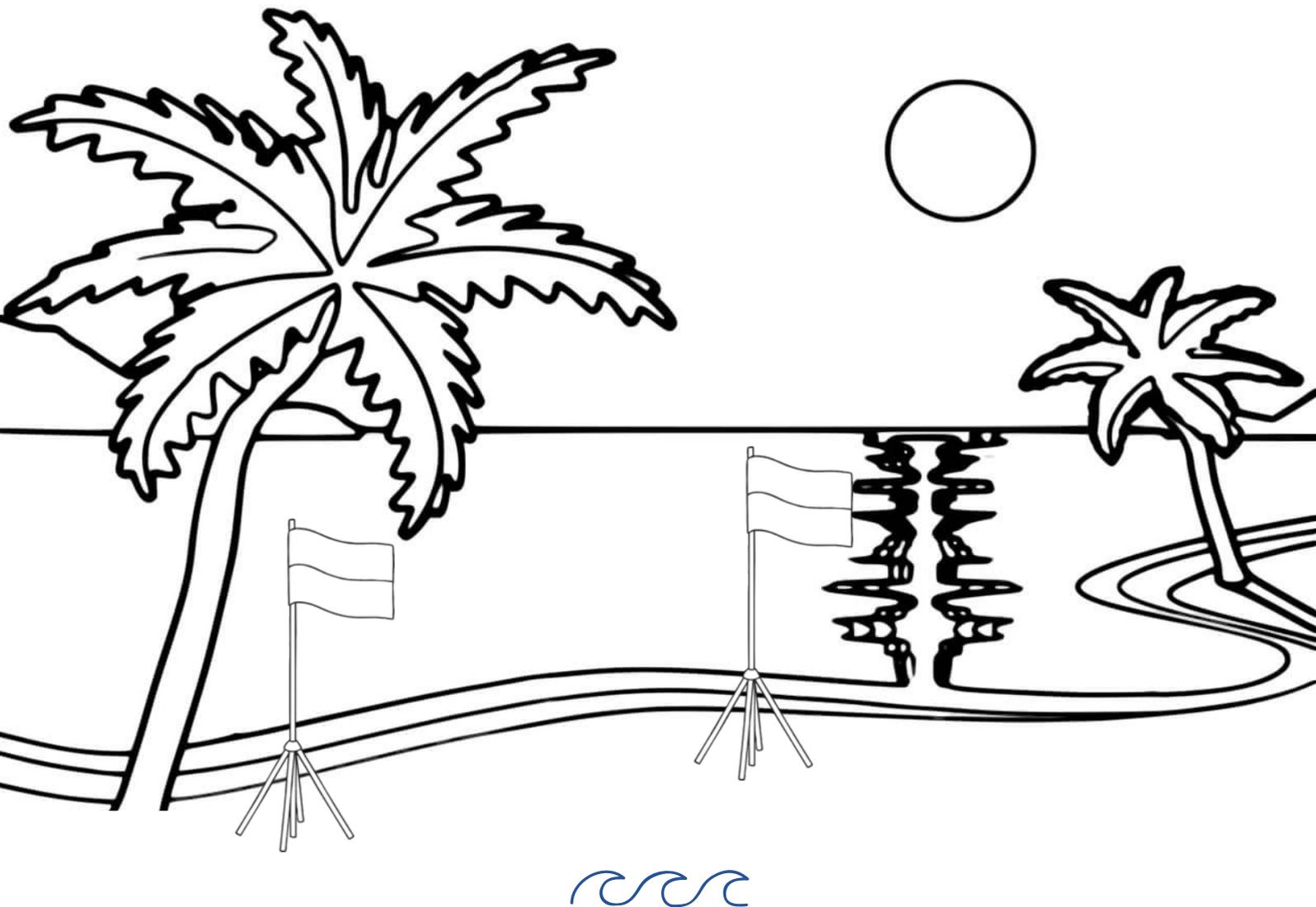
"Port Melbourne LSC is like one big family. Enjoy giving back to the community with such amazing people" - Tea-Rose Passon

"Continuing my lifesaving journey after nippers, becoming a SRC supplied me with such valuable skills and helped me form a stronger connection with the club and its members." - Imogen Brodej



FOR THE NIPPERS!

Make the colouring sheet below what your dream beach would look like! Would it have trees, lifesavers... maybe even animals? Be sure to send your responses to our Instagram page so we can share your creativity!



Thanks for reading the second edition of The Port Post - a newsletter to keep you up to date with everything Port Melbourne Life Saving Club! Be sure to stay inside, so that we can see you on the beach in Summer. Catch you all on the next wave!